

The Courage to Lead!



YCLS 2018 Registration Instructions

What is the Summit?

The Missouri Youth Civic Leaders Summit is a statewide energizer for teens ages 14-18 and adult leaders who are active in leadership and service, and want to make a difference in their communities and world!

At YCLS 2018 “The Courage to Lead!”, Missouri 4-H and Missouri Community Betterment teens and adult leaders (and special guests) will come together to showcase and learn purposeful teamwork, action, and impact to improve lives in their communities!

Summit highlights include youth and adult keynotes and breakout sessions, EDGE challenge course, team talent showcase, regional networking, team action planning, and mini-seed grants for community projects.

Forming a Youth/Adult Team (for 4-H county staff and MCB community coordinators)

- Summit teams are teens ages 14-18 and adults (staff, volunteers, parents, leaders) from a local club, council, community betterment group, afterschool program, countywide group, or organization. Youth must be ages of 14-18 before Jan. 1, 2018 to participate.
- Teams have a minimum of 3 members (1 adult, 2 youth) and a maximum of 10 members (2 adults, 8 youth). Counties can register more than one team (4-H, MCB, etc.).
- Adults serve as team leaders and chaperones (ages 21 and older) for youth from their county/community. (Adults ages 19-20 can register as assistants to team leaders, but will not chaperone youth).
- One adult registration is discounted for the first 20 teams to register (\$100.00 off). Contact [Event Organizers](#) to request a “first adult discount” registration for your team.
- Registration is open until Feb. 1, 2018. Local 4-H and MCB coordinators can use the [Team Planning Form](#) to track team registrations. Early registration is encouraged!
- Youth and adults register on their own, after contacting their County Extension Office (4-H), MCB Youth Group (MCB), or other Coordinating Group. Registration instructions, weekend schedule, and session descriptions are below.

- When:** Missouri Youth Civic Leaders Summit, March 2-4, 2018
- Where:** Windermere Conference Center, 1650 Koehler Dr, Roach, MO, (573) 346-5200 (approx. 15 minutes south of Camdenton, off of Hwy 54). The conference center is home base for YCLS. Families do not need to contact Windermere to reserve rooms.
- Cost:** Registration fee is \$160.00 per person, including lodging, meals, recreation options, and weekend activities. If choosing the EDGE Challenge Course as recreation, add \$25.00 to your registration (Limit: 50 participants).
- Check In:** On-site check-in is Friday, March 2, from 3:00-5:00 p.m. Teams should arrive by 5 p.m. for check-in, team photo, and dinner at 5:30 p.m. A required meeting for all adult chaperones will be from 6:15-7:00 p.m. Opening assembly is Friday 7:30 p.m. and last assembly finishes at 11:30 a.m. on Sunday.
- Registration:** MCB teams – each team member fills out and mails in [Forms](#) and payment to [MCB](#). 4-H teams – each team member registers and pays on [4-HOnline](#). Guest teams – contact [Event Organizers](#) on how to register.
- What to Bring:** Summiteers will receive packing list, dress code, school absence request letter, code of conduct, and chaperone information prior to the event.
- Special Needs:** The Summit planning team is committed to making the event accessible to all participants, as much as is possible. If a youth or adult has a special need, please communicate this at the time of registration.



MCB Youth/Adult Registration Steps

1. Contact your local MCB group with your interest in attending/joining a Summit team. Ask about a “first adult discount” and special registration rate for MCB youth.
2. Read through session descriptions below to choose your recreation and workshop track options.
3. Print and fill out Summit registration materials from the [MCB Website](#) and mail originals to MCB, Attn: YCLS, 407B Jefferson St, Macon MO 63552. All materials must be in by Feb. 1, 2018.
4. Adults must be screened and approved as YCLS overnight chaperones (ages 21 & up) prior to the event. Complete the [Background Screening Consent Form](#) and mail in with your registration.
5. Payment is due at the time of registration, by Feb. 1. Make check payable to “MCB Educational Fund, Inc.” and mail with your registration to MCB.

Questions about registration?

Teresa Keller at 660/383-1034, teresa@mocommunitybetterment.com

Questions about YCLS 2018?

Sherry Grace at 573/882-9360, gracesk@missouri.edu, or
Steve Hennes at 573/884-6618, hennesst@missouri.edu

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Missouri Youth Civic Leaders Summit Schedule of Activities — March 2-4, 2018

FRIDAY, MARCH 2

3:00 PM	Registration / Check-in / Team Photos
5:30 PM	Dinner at Dining Hall
6:15 PM	Meet & Greet (Youth) / Chaperone Meeting (Adults)
7:30 PM	Opening Plenary Session
9:00 PM	Summit Café
9:45 PM	Team Huddles
10:30 PM	Everyone to Sleeping Quarters

SATURDAY, MARCH 3

7:30 AM	Breakfast
8:00 AM	Morning Plenary Session
9:00 AM	Recreation / Teambuilding
12:00 PM	Lunch/Group Photo
1:00 PM	Afternoon Plenary Session
2:00 PM	Workshop Tracks / Group Service Projects
5:45 PM	Dinner
7:00 PM	Team Talent Showcase
9:00 PM	Summit Café
9:45 PM	Team Huddles
10:30 PM	Everyone to Sleeping Quarters

SUNDAY, MARCH 4

7:30 AM	Breakfast
8:15 AM	Pack Up/Load Up
9:00 AM	Morning Plenary Session
9:30 AM	Team Action Planning
10:30 AM	Team Plans & Regional Networking
11:00 AM	Closing Plenary Session
11:30 AM	Adjourn/Depart



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YCLS 2018 Program Descriptions

Friday Dining Hall Dinner – 5:30-6:00PM

Dinner will be provided at the Dining Hall once you arrive and check-in at registration. Dinner will only be from 5:30-6:00pm. Groups should arrive by 3:00-5:00pm to register and have time to eat dinner. Summit Café snacks on Friday and Saturday evening will be “potluck.” Each team is asked to bring one snack to enjoy, one to share.

“We’re Off to See the Wizard!” Youth Meet & Greet – Friday 6:15-7:00PM

All youth Summiteers are invited to join 4-H and MCB teens (Youth Hosts) for meet & greet activities on Friday from 6:15-7:00pm. Teams will participate in activities designed to introduce youth to each other. Kick off the weekend by meeting lots of new friends and fellow travelers along for the weekend adventure!

Adult Chaperone Meeting – Friday 6:15-7:00PM

All adults must attend an adult chaperone meeting Friday 6:15-7:00pm, during the Youth Meet & Greet session. Team leaders will meet other adult staff and volunteers, participate in a brief orientation, cover volunteer roles, and receive important information for leading and chaperoning all inhabitants of Oz over the weekend!

Youth/Adult Keynotes – Friday 7:30PM & Saturday 8:00AM and 1:00PM

The Summit will feature a fantastic line-up of keynote speakers who will conjure up your passion for leadership and service with their stories, experiences, challenges and more! Invited speakers include:

- Dylan Johnson – Director, Advance to Missouri, Office of the Governor
- Carey Portell – Motivational Speaker, “Stronger Than Yesterday”
- Wisconsin 4-H Youth/Adults – Saturday Super Seminar, “Follow the Yellow Brick Road!”

Saturday Recreation and Workshop Selections:

We will try to honor everyone’s first recreation and workshop choices, subject to what facilities allow and when registrations are received. No changes are made at the conference, so choose carefully!

Recreation – Saturday 9:00AM-12:00 Noon

Please choose between the EDGE Challenge Course High Ropes (3 hrs.) OR the Teambuilding session (1.5 hrs.). Participants who choose the Teambuilding option will also choose one other session (Open Gym & Line Dancing, or Hiking & Caving, 1.5 hrs).

A) EDGE Challenge Course High Ropes (Limit: 50 participants, \$25/person, 3 hours)

The EDGE Challenge Course stimulates individual growth and group unity through teambuilding and leadership development. The EDGE enhances the effectiveness of teams in areas of trust, respect, communication, discipline, integrity, and honesty among members. High elements include towers, cat walk, zip lines, climbing wall, the “Leap of Faith”, and more! Great choice for teams who want to push themselves up to, but not quite over, the EDGE!

B) Teambuilding (1.5 hours)

Enhance your teamwork with this interactive session led by MU Leadership Development! Your group will face a series of challenges focusing on trust, effective communication, conflict resolution, and more. You can identify the learning outcomes specific for your group. Activities can involve physical challenges, cognitive challenges, or a mix of both. Work through some of the same group problem solving put to college freshman interest groups, staff teams, and groups preparing for Alternative Spring Break projects!

C1) Open Gym & Line Dancing (1.5 hours)

From gym floor to dance floor, Summiteers are sure to have a good time in this rec session led by Mizzou 4-H! The Multipurpose Gym will be the site for pick-up basketball/volleyball/kickball games on the gym floor and group dance lessons on stage. Sports equipment can be checked-out from Windermere, or bring your own gear. Summiteers can choose from a range of recreational sports inside, or head outside if weather permits!

C2) Hiking & Caving (1.5 hours)

Take a break to spend time outdoors exploring nature! Get an up-close look at Lake of the Ozarks ecology and geology on the edge of spring! Join in a group trail hike around the 350-acre camp, and explore the first 300 feet inside Windermere Cave, the largest and most easily accessed cave mapped in 1965. Hiking difficulty is easy to moderate. The cave portion is a five-minute, self-guided tour and does not involve changing elevations or getting wet. Participants should wear warm clothing and pack a headlamp or flashlight!

“Follow the Yellow Brick Road!” Super Seminar – Saturday 1:00-1:50PM

During the Saturday Super Seminar, the Wisconsin 4-H youth/adult guest team will guide you through brainstorming and planning community projects with youth engagement! Your team is asked to bring 8-12 photos of people, places, buildings, programs, or physical conditions in your community/county that represent...

- STRENGTHS – What can we build on? What is growing, or working well? (2-3 photos)
- OPPORTUNITIES – What are others asking for? How can we meet our community’s needs? (2-3 photos)
- ASPIRATIONS – What do we care deeply about? What are our hopes and dreams? (2-3 photos)
- RESULTS – How do we know we are succeeding? What are our results in the past? (2-3 photos)

Click here to learn more about how your team can select projects that [SOAR!](#)

Workshop Tracks – Saturday 2:00-4:00PM

Workshop tracks feature ideas, tools and examples, led and facilitated by a combination of youth and adults. Participants will gain insights as they uncover the courage needed to make purposeful change, and build teamwork, civic, and leadership skills. Choose one 2-hour workshop track (Limit: 60 participants each):

1) Leadership Development (The BRAINS to Lead)

If only I had a...Brain! Freshen up your straw “thinking” cap and discover unique strengths that make you a leader! This session will help you see yourself, your leadership abilities, and your community in a new light. Build confidence in your ability to make a difference being who you are, right where you are!

2) Service Learning (The HEART to Lead)

If only I had a...Heart! We strengthen our communities by “having a heart”– it takes big ideas, dedicated individuals, and committed supporters. Hear from outstanding teams who have put those pieces together! Broaden your horizons on service. See how compassion can lead to adventures now and in the future!

3) Civic Engagement (The BRAVERY to Lead)

If only I had the...Bravery! Find your “roar” as an emerging leader and shape ideas for community improvement! This session will explore issues facing young people, families, and communities. Learn how youth can raise their voices, start conversations with government leaders, and bravely lead others into action!

Summiteers Serve! (The HANDS to Lead) – Saturday 4:00-5:30pm

Leaders jump in and help others accomplish a goal, no matter how big or small. Join a group of fellow Summiters for hands-on service! Choose between painting and building maintenance, grounds and trail maintenance, and more. Service project sign-ups will take place on-site upon arrival.

“Welcome to Oz!” Team Talent Showcase – Saturday 7:00-8:30PM

The Team Talent Showcase, emceed by Mizzou 4-H, is inspired, led, and performed entirely by you! Each team can bring a “talent” -- anything your team does well and enjoys doing together! It can be a demonstration, song, skit, dance, poem, or other activity. All youth/adult team members are encouraged to work together. The showcase is designed to enhance teamwork, public speaking, and confidence, all in a supportive environment! Presentations should be 3 minutes or less, and appropriate for all audiences.

- **Music Selections:** please be ready to turn in music or other media selections at registration on Friday!
- **Rehearsals:** request a Saturday rehearsal time and space as needed at registration on Friday!

Team Photos – throughout the event

Teams will have opportunities for group photos throughout the Summit weekend. You will have access to a photo booth setup with props and backdrops starting at registration on Friday afternoon and continuing through the Sunday morning closing session. On Saturday after lunch at 12:45pm, a group photo of all youth/adults will be organized just outside the dining hall.

Opportunities Tour – throughout the event

4-H and MCB partner with numerous groups that offer leadership opportunities for teens, both in their communities and in the broader world. The *Opportunities Tour* will connect you with trips, exchanges, leadership programs, higher education, and other opportunities to becoming an amazing leader and lifelong learner! Those familiar with each opportunity will be on hand to answer your questions.

Team Poster Contest – throughout the event

Teams are invited to bring a poster (up to 2x3-foot) about a project or event you completed in the past year. Teams that attended the Summit last year should focus posters on the MAGIC! mini-grant projects they planned at YCLS 2017! Posters will be on display in the main meeting room throughout the weekend. Posters will be evaluated by youth and adult judges on: 1) clear description of the project or event, 2) why it was important to the community, 3) process or steps the team took, and 4) results. Prizes will be awarded for poster content and creativity. Show pride in your team’s achievements and let other Summiters learn from your successes!

“There’s No Place Like Home!” Team Planning & Networking – Sunday 9:30-11:00AM

Sunday is time to combine your team’s passion and knowledge of your community toward purposeful teamwork, action and impact. Step up and demonstrate The Courage to Lead! Teams will be guided through an action planning process designed for youth and adults working in partnership. They will develop an action plan for a project to carry out in 2018! Finish out the Summit networking with other teams in your region. Learn how to apply for mini-grant funds for your project!

SEE YOU AT THE SUMMIT!

