



YCLS 2016 Program Descriptions

Friday Dining Hall Dinner (Optional) – 5:30-6:00PM

Teams have the option of eating dinner prior to arriving at Windermere on Friday, or eating at the Dining Hall once you arrive and check-in at registration. Dinnertime will be from 5:30-6:00pm only. Cost is \$10 per person, and can be added to the registration fee. Groups should arrive by 4:30-5:00pm to register and have time to eat dinner. Summit Café snacks will be available for all participants at no charge after the Friday plenary session ends at 9:00pm.

“Find Your Spark” Youth Meet & Greet – Friday 6-7PM

All youth Summiteers are invited to join 4-H and MCB teens (Youth Hosts) for meet & greet activities on Friday 6-7pm. Teams will participate in “Find Your Spark” activities designed to introduce youth to each other throughout the weekend. Kick off the weekend by meeting lots of new friends from around Missouri and other visiting states!

Adult Chaperone Meeting – Friday 6-7PM

All adults must attend an adult chaperone meeting Friday 6-7pm, during the Youth Meet & Greet session. Team leaders will meet other adult staff and volunteers, participate in a brief orientation, cover volunteer roles, and receive important information for leading and chaperoning teams over the weekend!

Youth/Adult Keynotes – Friday 7:30PM & Saturday 1:30PM

The Summit will feature a fantastic line-up of keynote speakers who will ignite your passion for leadership and service with their stories, experiences, challenges and more! Invited speakers include:

- Laura Bardot – State 4-H Council President, University of Missouri Extension
- Kyle Scheele -- Youth Motivational Speaker
- Yvonne Matthews – Storyteller and Interim Director, Lincoln University Extension
- Vance Crowe – Director of Millennial Engagement, Monsanto Company

Recreation Stations – Saturday 9:00AM-12:00 Noon

Climb high, go deep, hit a three-pointer, or cut a rug at the Recreation Stations on Saturday morning! You can select from the highly physical and challenging to the more relaxed and casual. See descriptions below and make your choice of recreation. (We will try to honor everyone’s choices, subject to what facilities allow and when registrations are received. No changes are made at the conference, so choose carefully!)

a) EDGE Challenge Course (additional cost of \$25)

The EDGE Challenge Course stimulates individual growth and group unity through teambuilding and leadership development. The EDGE enhances the effectiveness of teams in areas of trust, respect, communication, discipline, integrity, and honesty among members. The course was constructed according to international standards, and is inspected annually and run by certified instructors. The expanded EDGE features a 35-foot tower with climbing wall, cargo net, and inverted wall, Burma Bridge, Incline Swing, Screamer Swing, Incline Log, Trestle & Swinging Bridge, Cat Walk, Multi-Vine, 20-foot Leap of Faith, Dangling Duo, and four 280-foot zip lines. Limit: 60 participants.

Recreation Stations (continued)

b) Bridal Cave Tour (additional cost of \$15)

Centuries ago, the Osage Indians discovered the pristine beauty that lies beneath Thunder Mountain. Local folklore tells of a legendary Native American wedding ceremony held in the cave in the early 1800s. Today this magnificent natural wonderland is called Bridal Cave. Over 2,500 couples from around the world have exchanged vows in the stalactite adorned Bridal Chapel. The Discovery Tour is a two-hour educational program which includes a one-half mile outdoor walk through Thunder Mountain Park, a flashlight tour of Bear Cave, and an interpretive tour of world famous Bridal Cave. The outdoor walk is along a trail overlooking cliff tops and steep terrain. Be sure to wear hiking boots or shoes with superior traction. The cave tour is conducted on concrete pathways through the Cave's 60 degree environment. Park interpreters will lead you through room after room of giant columns, delicate soda straws and massive draperies throughout the cave. Millions of years of struggle between water and rock have created this cavern with more onyx formations than any other known cave or cavern. Limit: 50 participants.

c) Open Gym (no additional cost)

Summit participants can choose from a wide range of recreational sports—indoor basketball, volleyball, kickball, football, whiffle ball, or ultimate Frisbee to name a few. Start a pick-up game, or weather permitting, move it outside to the grass! Challenge yourself and your friends on Windermere's 9-hole frisbee golf course! A wide selection of sports equipment is available from Windermere on a check-out basis, or you can bring your own gear for the Saturday morning session. No limit on participants.

d) Line Dancing (no additional cost)

Kick up some sparks and learn a few new dance steps at the line dancing session hosted by Team Mizzou, and featuring invited DJs. Youth and adults, beginners to the more advanced, will find this recreational dance session welcoming, fun, and a great indoor workout to boot! Come ready to learn a few new steps, and perhaps teach a step or two to fellow participants, all set to a wide range of music you help choose! No limit on participants.

Workshop Tracks – Saturday 2:30-5:00PM

Workshop tracks will be led and facilitated by a combo of youth and adults, featuring new ideas, tools, and examples of community engagement. Participants will gain skills and insights on how to SPARK! more purposeful teamwork, action and impact in their communities and world!

Youth Track:

- "Reverse-Engineering" Your Life's Story
- Youth-Led Session – 4-H and MCB 101
- Exploring Careers in Community Leadership and Civic Engagement
- Youth Project Showcase – featuring Out-of-State Teams and YCLS 2015 Projects!

Adult Track:

- Adult-Led Session – 4-H and MCB 101
- Guides on the Side: Facilitating Youth-Adult Partnerships
- Breakout Training Sessions: 4-H and MCB-Specific Topics

Group Photos – Fri Registration & Saturday 1:00PM

Your team will have two opportunities to participate in group photos at the Summit. A team photo will be taken on Friday afternoon at registration when you arrive. On Saturday after lunch, a group photo of all Summiteers will be organized outside of the dining hall. An event photographer will be on hand to take high-quality photos which can be used for media coverage after the Summit.

“Light Up the Night” Team Talent Showcase – Saturday 7:00-8:30PM

Let your team’s SPARK! loose as we “Light Up the Night” on Saturday evening at the Team Talent Showcase! Each team is challenged to work together to share a talent. SPARK! your creativity and give it all you got! “Talents” are broadly defined as anything your team does well, enjoys doing together, or chooses to share with others! Team talents can be an informational talk, demonstration, song, skit, dance, poem, energizer activity, or other presentation. All youth/adult team members are encouraged to make their team’s presentation together. The showcase is designed to enhance teamwork and public speaking, boost fun, confidence, and appreciation of strengths, all in a positive supportive environment! Presentations should be 3 minutes or less, and appropriate for all audiences.

- **Music Selections:** if your group chooses to use music or other media, turn in these selections at registration on Friday so audio/visual requests can be ready for Saturday evening!
- **Rehearsals:** if your group would like to rehearse and receive feedback prior to the Team Talent Showcase, rehearsal time and space will be available Saturday, 6:00-7:00PM. Request a rehearsal time at registration.

Opportunities Tour – Saturday 9:00-10:30PM

4-H and MCB partner with numerous groups that offer leadership opportunities for teens, both in their communities and in the broader world. The Opportunities Tour on Saturday evening will connect you with trips, exchanges, leadership programs, higher education, and other opportunities to continue you on your journey to becoming an amazing leader and lifelong learner! Those who are familiar with each opportunity will be on hand to staff displays and answer your questions during the Summit Café following the Team Talent Showcase.

“Ignite” Team Poster Contest – Saturday 4:30-5:30 and 9:00-10:30PM

Teams attending YCLS 2016 are invited to bring a poster (up to 2x3-foot) that summarizes a project or event you have successfully planned and implemented in the past year. YCLS 2015 teams should focus their posters on the service projects they planned while at YCLS 2015, with a local/global twist! Posters will be on display in the main meeting room throughout the weekend. Teams will have an opportunity to staff their posters and give a “lightning talk” about their projects during the Youth Project Showcase on Saturday Afternoon. Posters will be evaluated on Saturday night by youth and adult judges on: 1) clear description of the project or event, 2) why it was important to the community, 3) process or steps team took, and 4) results. Prizes will be awarded to teams for the content and creativity of their posters and presentations. Show pride in your team’s achievements and let other Summiteers learn from your successes!

Mock Election – Saturday 9:00-10:30PM

On Saturday night, you can participate in a mock election on Missouri government ballot issues, sponsored by Kids Voting Missouri. Youth/adult participants will have the opportunity to cast a mock ballot on several issues that are being considered by Missouri state government. Look for the Kids Voting Missouri booth during the Summit Café time on Saturday evening. Results will be announced on Sunday during the closing session.

Open Space & Team Networking – Sunday 9:00-11:00AM

Sunday morning is time to combine your team’s passion and knowledge of your community toward purposeful teamwork, action and impact! Teams will be guided through an action planning process designed for youth and adults working in partnership. They will develop an action plan for a service-learning project to carry out in 2016! Finish out the Summit with fast-paced networking, sharing strategies between teams. Learn how to apply for mini-grant funding for your project from the Missouri 4-H and Missouri Community Betterment!

SEE YOU AT THE SUMMIT!

