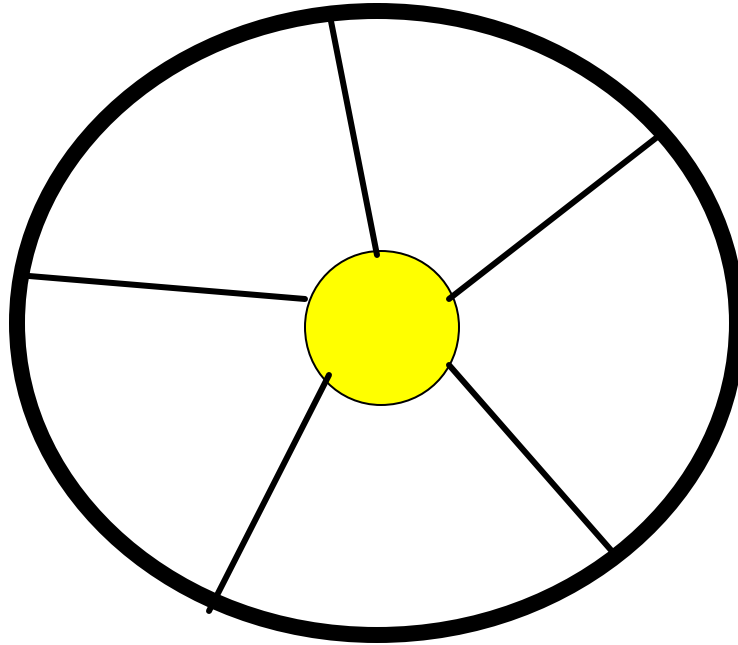


Keys to Resilience in Changing Times

“When everything seems to be going against the wind, remember that the airplane takes off against the wind, not with it.” **Henry Ford**



The people who get on in the world are the people who get up and look for the circumstances they want, and if they can't find them, make them.”

George Bernard Shaw

What actions will you take to move yourself or your community forward?

“Never doubt that a small group of committed people can change the world. Indeed, it is the only thing that ever has.” **Margaret Mead**